



DANA POINT DENTAL NEWSLETTER

JANUARY 2013

HAPPY NEW YEAR!

What are you looking forward to in 2013? Many people set resolutions on New Year's Eve to become healthier this year--whether it is weight loss, exercising more, quitting smoking or just trying to eat better. Don't forget that a healthier you can also include a healthier mouth. Making a point to take care of past dental issues that you put off will not only prevent the problem from getting worse, it will help your overall health. And for many of you, your dental insurance benefits may have renewed on January 1st. That means your annual maximum is once again available to you. We can't think of a better way to jumpstart a healthy 2013 than to take care of that dental work you need.

Check out what our patients are doing!



Barbara Ameli recently won the Barbeques Galore Grill32 Challenge, which asked contestants to grill five days a week for 32 weeks with the chance to win \$20,000 worth of grilling equipment. Follow the link to the full article in the OC Register. Congratulations Barbara!

<http://www.oregister.com/articles/ameli-383539-grill-weeks.html>



WE HAVE AN APP!



DOWNLOAD OUR APP FOR FREE TODAY ON YOUR IPHONE, IPAD, OR ANDROID DEVICE FOR EXCLUSIVE APP SPECIALS & TO SCHEDULE YOUR APPOINTMENTS

What's coming up in February...

Dana Point Dental's February Specials

* Start Invisalign and enter to win a massage at Burke Williams Spa on us!

*Refer a friend or family member and you will be entered to win a custom gift basket!



Wishing all of our patients a healthy & happy New Year, Dr's Cifarelli, Larijani, Thompson and your family at Dana Point Dental